

## **CHALLENGE THE LIMITS**

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Enlightening, Vitalizing and Entertaining! Getting what you want in life demands a purpose in mind—you must be focused, dedicated and disciplined. This session provides immediate and practical help for guiding yourself and others toward higher levels of accomplishment.

Methods to overcome resistance to change, and the reversal of destructive to constructive behavior will be explored. This presentation is designed to provide a simple foundation for implementing ideas for greater productivity. Learn what change, risk and a take-charge attitude have in common.

### **OBJECTIVES:**

1. Become aware of the myths of change.
2. Learn what fear and risk have in common.
3. Redirect negative attitudes for constructive result.
4. Encourage open communication for enhanced understanding.
5. Realize and tap individual innovative potential.

### **Benefits:**

Embrace Risk  
Create enthusiasm  
Develop action attitudes  
Redirect negative behavior  
Employ word magic  
Confront change